

SMOOTHIE

PINK PANTHER

INGREDIENTS:

- 1 Cup Frozen Pineapple Chunks
- 1 Cup Frozen Strawberries
- 1 Cup Milk or Milk Alternative
- 2 Scoops Bioten Strawberry or Unflavoured Whey Protein or Plant Protein

METHOD:

Place all ingredients into a blender and blend until smooth.

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